

# FSC 2026: Session: 3: COACH evaluation sheet for TEAM: WLVM

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 17: 50M BREASTSTROKE MEN** **Heat:6, starttime: 10:38**

**Heat: 6/9 Lane : 2 Athlete: HOLLAND MATTHEW** **Q-time: 00:30:75**

**PB (50m pool):** **PB (25m pool):** **SB:**

	<b>5 0 M</b>	
<b>PB</b>		
	.....	

Coach feedback:

**Event number: 21: 400M MEDLEY MEN** **Heat:1, starttime: 11:22**

**Heat: 1/3 Lane : 4 Athlete: HOLLAND MATTHEW** **Q-time: 04:44:73**

**PB (50m pool):** **PB (25m pool):** **SB:**

	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
<b>PB</b>								
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Coach feedback: